

The PROVIDENCE COLLEGE

# Lady Friars

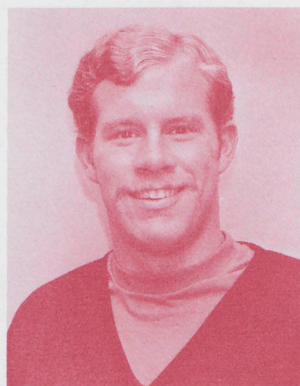
1979





## THE LADY FRIARS' STAFF

Athletic Director ..... **Dave Gavitt**  
 Associate Athletic Director ..... **J. Vincent Cuddy**  
 Director of Women's Intercollegiate  
 and Recreation Programs ..... **Mrs. Helen Bert**  
 Basketball Coach ..... **Tim Gilbride**  
 Asst. Basketball Coach ..... **Lisa Gilbride**  
 Ice Hockey Coach ..... **Tom Palamara**  
 Field Hockey Coach ..... **Kate Denning**  
 Lacrosse Coach ..... **Kate Denning**  
 Volleyball Coach ..... **Richard Bagge**  
 Cross Country and Track Coach ..... **Kathy Cerra**  
 Tennis Coach ..... **Lisa Gilbride**  
 Softball Coach ..... **Tom Palamara**  
 Trainer ..... **Kathy Cerra**



**TIM GILBRIDE**  
Basketball Coach



**TOM PALAMARA**  
Ice Hockey Coach



**DAVE GAVITT**  
Athletic Director



**MRS. HELEN BERT**  
Director of  
Women's Programs



**KATE DENNING**  
Field Hockey Coach



**RICHARD BAGGE**  
Volleyball Coach

The offices are open Monday through Friday from 11:30 a.m. to 9:30 p.m. and Saturdays and Sundays from noon to 9:00 p.m.

For further information, write to Mrs. Helen Bert, Assistant Athletic Director, Providence College, Providence, R.I. 02918. (401) 865-2296.

Anyone interested in information on the various teams may contact Sports Information Director Rich Lewis at (401) 865-2272. Or, Kassie Gralton at the same number.



**LISA GILBRIDE**  
Tennis Coach



**KATHY CERRA**  
Cross Country and  
Track Coach

This brochure published by the Providence College sports information office. Kassie Gralton, editor.



## ABOUT THE PROGRAM

Providence College women's intercollegiate athletic program has risen from a very humble beginning to one of the best and most well-rounded in the East. It all began in 1971 when the college went co-ed and Mrs. Helen Bert was hired to coordinate the program. There were only 260 women at PC that first year and only 13 competed on two athletic teams. But the program, under the direction of Mrs. Bert, has steadily improved and increased in proportion to the needs of the women athletes.

As the college enters its eighth year of co-education, the women participate in a wide variety of athletic competition. The women enrollment has risen to 1,300 of which approximately 50 percent compete on either the varsity or intramural level. There is a diversified program for the Lady Friars — 11 varsity and at least nine intramural sports. The varsity sports are basketball, volleyball, ice hockey, field hockey, lacrosse, tennis, cross-country, track and softball. The intramural sports offered are football, hockey, volleyball, basketball, softball, tennis, golf, racquetball and squash.

The college offers fine athletic facilities, a superb and experienced coaching staff, an excellent academic education and financial assistance. These factors have drawn a variety of vibrant and talented athletes, to PC. And, the women have been successful as exhibited last year when seven teams qualified for post season competition.

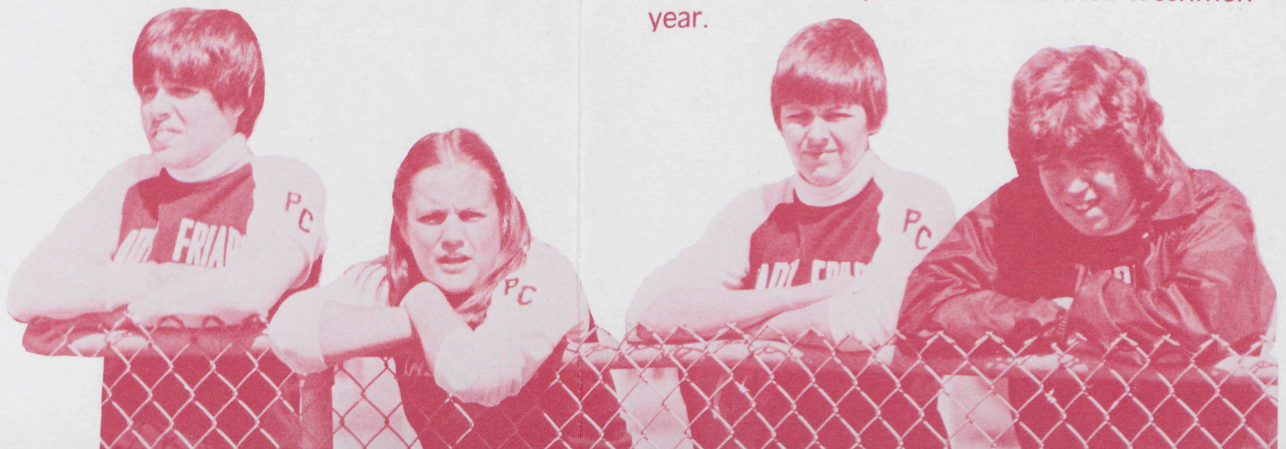
Women's volleyball is in its third year of competition and is led by junior Joan Finneran, who helped the Lady Friars to a 36-8 record and a berth in the Eastern Regionals last year.

Field Hockey, under new coach Kate Denning, looks forward to a very exciting season. Last fall the team was 12-3-2 led by junior Linda Wage and senior Lynn Sheedy. They combined for 51 of the 61 goals the team scored and are back this season with Kathy Lenahan and Marilyn Noble. All four were selected to the North East Field Hockey Association All-Star teams last fall.

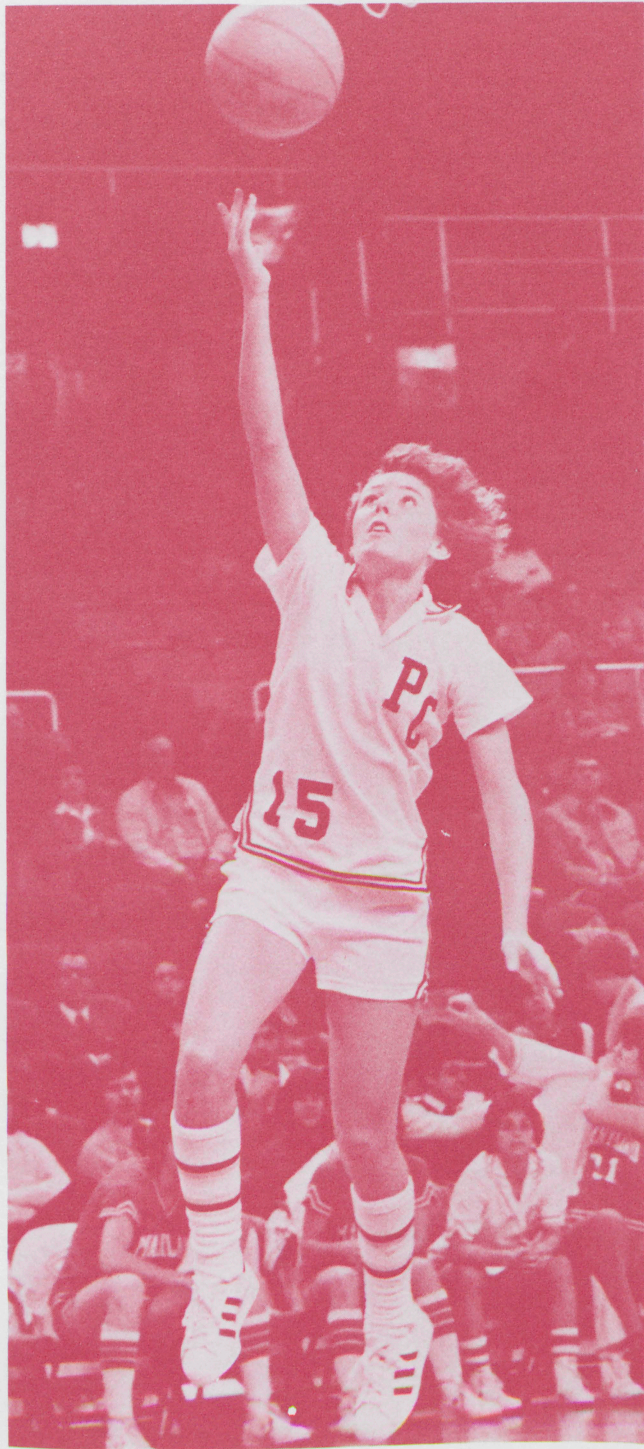
The Lady Friars produced last year the first woman in Rhode Island intercollegiate history to score more than 1,000 points in basketball — Mary Ellen Buchanan, who graduated last spring. But back this winter is Sheedy, with a career total of 901 points. Also returning is 5-10 forward Mary Ann McCoy, a three year starter who, like Sheedy, has played a monumental role in building a winning basketball program at Providence. We can expect to see the 1979-80 Lady Friars with another impressive record. Last winter they were 21-9.

The women's ice hockey team was 16-3-1 last year and ranked second in the East, a remarkable accomplishment for a team which was only five years old. Lenahan sparked the team with 51 points in 15 games. She's back, and so is sophomore Mary Ellen Riordan, who was voted last year's MVP. The Lady Friars will host the first-ever Eastern Regional tournament for women in ice hockey in March.

Women can compete in tennis in both the fall and spring at PC and the Lady Friars were winners in both seasons last year. In the spring, the team gained a berth in the Rhode Island A.I.A.W. Tournament and placed third overall. The team was led by McCoy, who was 9-0 in singles and has a career record of 45-11. There are nine returning lettermen, led by senior co-captains Sue Hubbs and McCoy, who have held the Nos. 1 and 2 positions since their freshmen year.











The cross-country and track seasons should prove exciting as the runners enter their third year, hoping to improve upon last year's cross-country record of 5-4, indoor (3-4) and outdoor (1-4) track.

The newest sports are softball and lacrosse. Last spring, softball finished second in the Rhode Island state tournament and had a 11-10 record for the season. It'll be the first season of lacrosse, under the coaching of Kate Denning, which had been a club sport.

There is something for every woman at PC and athletics are just another area where a woman can express herself. The Lady Friars are winners and want the well-rounded student-athletes on their teams.