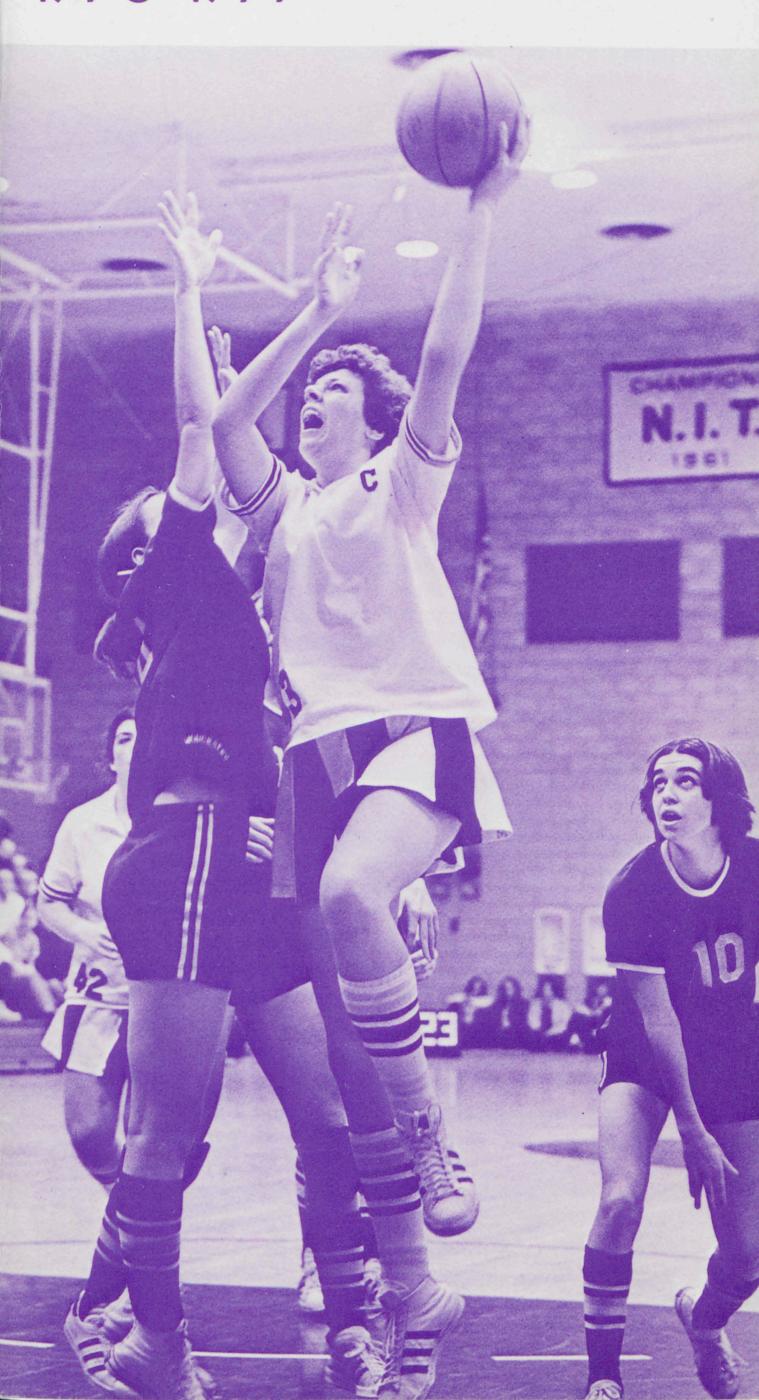
PROVIDENCE COLLEGE

Women's Athletics 1976-1977



Women's Athletics

The Program

Providence College is primarily a four year college of the liberal arts and sciences with an undergraduate enrollment of men and women of approximately 3,400 students. The primary objective of the college is obviously the intellectual development of its students, but the college also recognizes the responsibility to afford the student body an opportunity for healthy physical development and a wide range of activities on various levels.

With this objective in mind, the women's athletic program at Providence College has been developed in order to offer a wide variety of activities on the intramural, recreational and intercollegiate levels. The program has expanded, and will expand as well as adjust, to meet the needs and varied desires of each and every female student.

The intercollegiate program offers a young woman an opportunity to compete at a very high level. It provides her with an opportunity to discover her potential and to measure that potential against the best that other colleges have to offer

For the first time in its history, Providence College is offering grants-in-aid for women. These grants will be partial ones, and offered in direct ratio as to abilities of the women athletes requesting them.

A number of items regarding the athletic grants-in-aid for the more highly skilled woman athlete must be mentioned:

(a) A young woman must have a genuine desire to attend PC.

(b) She must be academically accepted by the college.

(c) Any young woman desiring consideration for a grant-in-aid must file the PCS form (obtainable through your guidance office) for consideration.

(d) All grants-in-aid are partial.

FOR FURTHER INFORMATION CONTACT:

MRS. HELEN BERT ASSISTANT ATHLETIC DIRECTOR PROVIDENCE COLLEGE PROVIDENCE, R.I. 02918

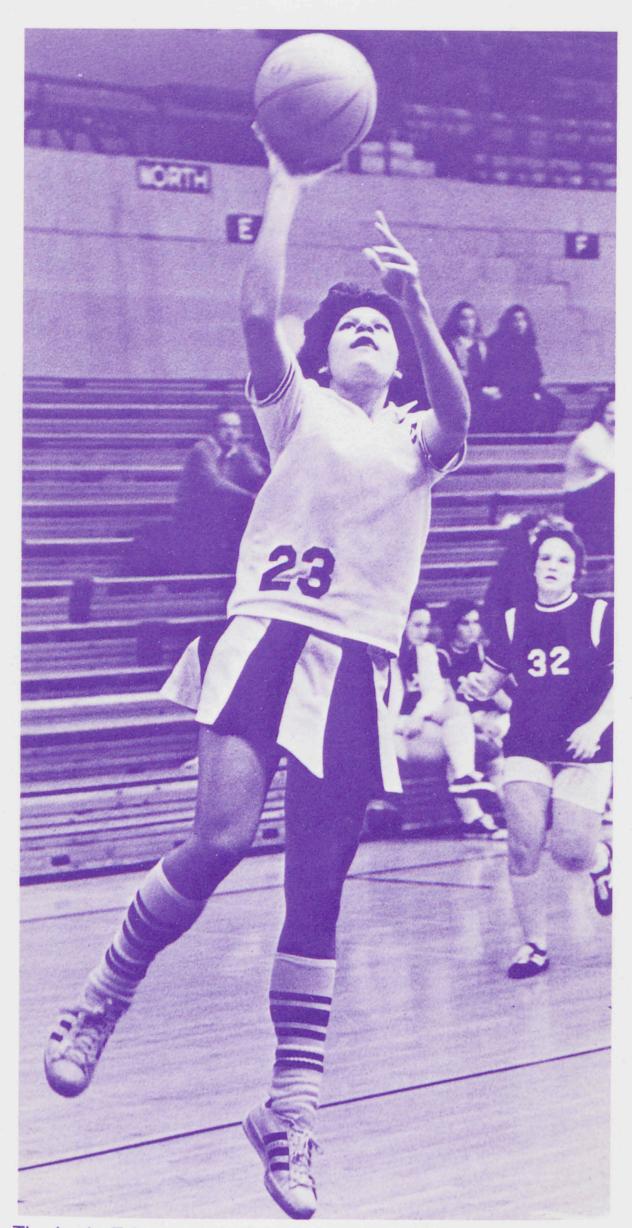
Tel: (401) 865-2296

Basketball

Under first year coach Tim Gilbride and his assistant Lisa Connolly, the Providence College women's basketball team ranks as one of the best in the region.

The Lady Friars return six of their top players from last year's team which compiled a glittering 16-4 record and qualified for a post season tounament. This marked the first women's team in the college's history to qualify for a post season tournament.

In addition to a solid nucleus of returning players, Coach Gilbride will be welcoming several new players who are expected to make immediate contributions to the program.



The Lady Friars practice and play most of their games in the 3,500 seat Alumni Hall facility on campus. On four occasions the team will make an appearance in the spacious 12,000 seat Providence Civic Center and play the preliminary game to the men's contest.

Coach Tim Gilbride is a 1974 graduate of Providence College. A three year letter winner in basketball, he captained the PC soccer team. Gilbride was the recipient of the 1974 Sine Quo Non Award which is annually presented to the athlete who has made a substantial contribution to the overall athletic community of the college.

The Lady Friars will play a twenty-two game schedule featuring contests against Holy Cross, Southern Connecticut, Yale, University of Connecticut and many of the other major New England institutions.

The Schedule

DEC. 2 at Rhode Island College

DEC. 4 at Bryant College

DEC. 8 at Yale

DEC. 11 at U. of Connecticut

JAN. 12 Northeastern

JAN. 15 Annhurst

JAN. 18 French National Team**

JAN. 19 Bentley

JAN. 22 Worcester State**

JAN. 26 at Springfield

JAN. 29 at Massachusetts

FEB. 3 Rhode Island**

FEB. 4 at Barrington

FEB. 9 Brown**

FEB. 12 at Assumption

FEB. 16 SMU

FEB. 19 at New Hampshire

FEB. 23 at Rhode Island

FEB. 25 Holy Cross

FEB. 28 at Boston College MAR. 4 at Southern Conn.

Coach: Tim Gilbride

Asst.: Lisa Connolly



Ice Hockey

The Lady Friars' ice hockey program enters its third year of competition under Coach Tom Palamara. The hockey team is expected to face an expanded fifteen game schedule in addition to competing in a couple of invitational tournaments.

The team, which practices and plays in beautiful Schneider Arena, compiled a 4-6-2 record last season but virtually everyone is optimistic about improving. According to Coach Palamara, "we really improved last season, and with some help from the newcomers I am looking for the team to post a winning season."

The Schedule

NOV. 16	Brown	3 p.m.
NOV. 19	New Hampshire	3 p.m.
NOV. 20	New Hampshire	4 p.m.
DEC. 8	at B.University	3 p.m.
JAN. 21	at Ithaca	8 p.m.
JAN. 22	at Ithaca	3:30 p.m.
JAN. 25	B.College	3 p.m.
JAN. 28	at New Hampshire	4 p.m.
JAN. 29	at New Hampshire	1 p.m.
FEB. 1	B.University	
FEB. 4	at Brown	
5	at Vermont	
9	Connecticut	
12	Princeton	
21	at Boston College	
MAR. 1	at Connecticut	
5	Vermont	

Softball

With the construction of new softball fields this past summer, the Providence College women's softball program is expected to expand and improve.

Last year the Lady Friars posted a 3-5 record and placed third in the Rhode Island state tournament. With a good group of returnees on hand plus some talented newcomers, PC is expected to be vastly improved.

At this writing the Lady Friars were set for a seven game schedule along with participation in the state tournament. At least four more games are expected to be added to the schedule.

Tentative Schedule

APRIL 2 at Connecticut (2)
APRIL 16 at AIC Invit. Tourn.
(AIC,PC,SMU)

APRIL 21 at R.I.College
APRIL 26 at URI
APRIL 28 at Barrington

MAY 6-7 R.I.State Tourn.

Field Hockey

The women's field hockey program is under the direction of first year coach Linda Martinas.

A 1976 graduate of the University of Bridgeport, Linda was one of the finest student-athletes to graduate from the Connecticut institution. She was an outstanding athlete in three different varsity sports and she earned three varsity letters in field hockey, while graduating with a perfect 4.0 cum in physical education.

Under her direction the team will play an expanded nine meet schedule in addition to competing in a tournament. The team plays all of their home games at spacious Hendricken Field.

Now in its second year of operation, the field hockey program is expected to improve substantially within the next few years. This year's incoming group of players were among the best from the state, which should insure the program of future success.

The Schedule

SEPT. 30 at Bryant

OCT. 5 Rhode Island

OCT. 7 at Barrington

OCT. 12 at Bentley

OCT. 21 SMU

OCT. 22 at Assumption

OCT. 25 Holy Cross

OCT. 28 Bridgewater

COACH: Linda Martinas

Tennis

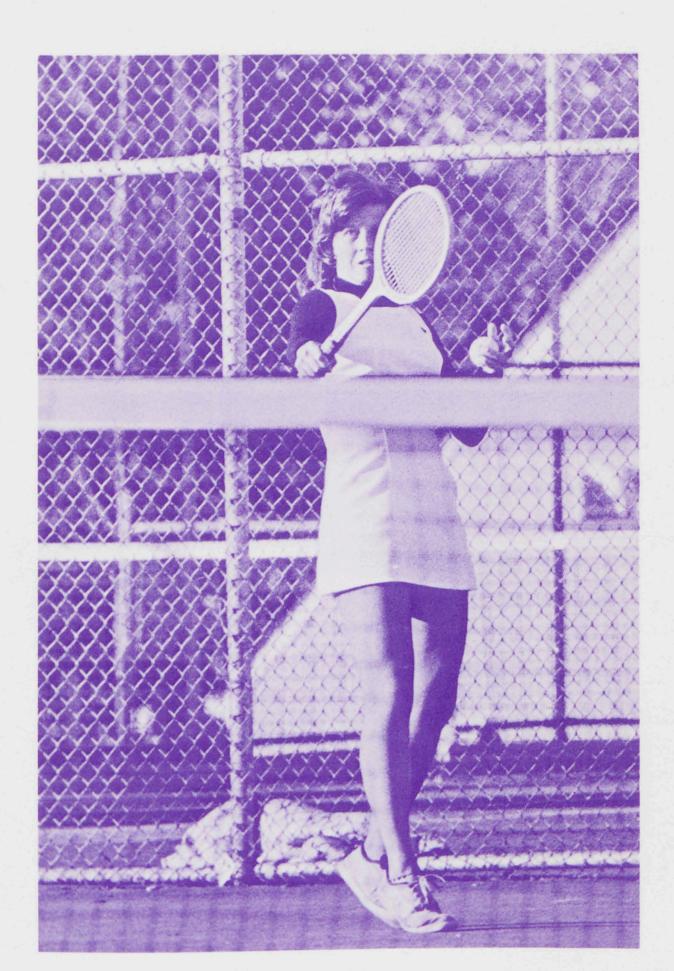
The rapidly expanding tennis program now entails competition in both the fall and spring. The combined seasons offer a tennis player an opportunity to compete in well over twenty matches against most of the top regional teams. Matches against the University of Connecticut, Brown and Holy Cross, along with tournament competition highlight the schedule.

The team is coached by Lisa Connolly who is a 1975 graduate of Providence College. Selected as the college's 1975 women athlete of the year, Lisa is also the tennis pro at the Ashland Tennis Club in nearby East Providence, R.I.

Last year the Lady Friars compiled an overall record of 16-9 and they return most of their top players. In addition to the returnees, Lisa Connolly will also have on hand several newcomers, including scholarship players, who should make this year's program even better.

The Lady Friars, along with the men, practice each afternoon on the six college tennis courts located five hundred yards from the women's dormitories.

In addition to the regular women's program, the college will be introducing a mixed doubles fall program for area colleges that will be hosted by Providence College on an annual basis.



Fall Schedule

SEPT. 23 Rhode Island

SEPT. 30 at Bryant

OCT. 5 U. of Connecticut

OCT. 12 at Framingham State

OCT. 14 Stonehill

OCT. 21 SMU

OCT. 25 Holy Cross

OCT. 26 at Clark

OCT, 19 at Brown

COACH: Lisa Connolly

Recreational Division

Providence College also recognizes that all of its students do not possess the athletic talent to participate on varsity teams. But they do wish to pursue their athletic inclinations.

For this reason, Helen Bart, Assistant Athletic Director, has developed a first rate recreational division as part of the women's athletic program.

Among activities available are: dance, cheerleading, slimnastics, plus many intramural activities. These include: touch football, tennis, ice hockey, softball, squash, basketball and co-ed volleyball.

Volleyball

Under the direction of Mr. Richard Bagge, volleyball will become part of the women's intercollegiate program this season.

A graduate of Florida State and a two-time All-American, Mr. Bagge has had a wealth of playing and coaching experience on both the local and national levels.

The Lady Friars will compete in approximately ten matches this season and they will be participating in the Rhode Island State tournament as well.

All home volleyball matches will be played in Alumni Hall.

Training Facilities

The Providence College women's athletic program for the first time in history will have their own trainer in Fran Ratella.

A graduate of the University of Rhode Island, Fran is currently working towards her master's degree in athletic training. In addition to serving as trainer, Fran also coaches the PC cheerleaders.

In addition to their own trainer, the women boast the necessary facilities to deal with the bumps and bruises that go along with athletic and recreational activities. Such items as whirlpools and diathermy machines are part of the training room facility.

The Future

Immediate plans call for the introduction of track to the women's program next season. Although plans are not yet complete, Mrs. Bert has indicated that initially the emphasis will be placed on fall cross country and the running events during the winter indoor season and the spring outdoor season.

As for the future itself Mrs. Bert says, "we will keep a close eye on things but we like to think that we possess the flexibility that is needed to meet the changing needs of our students."