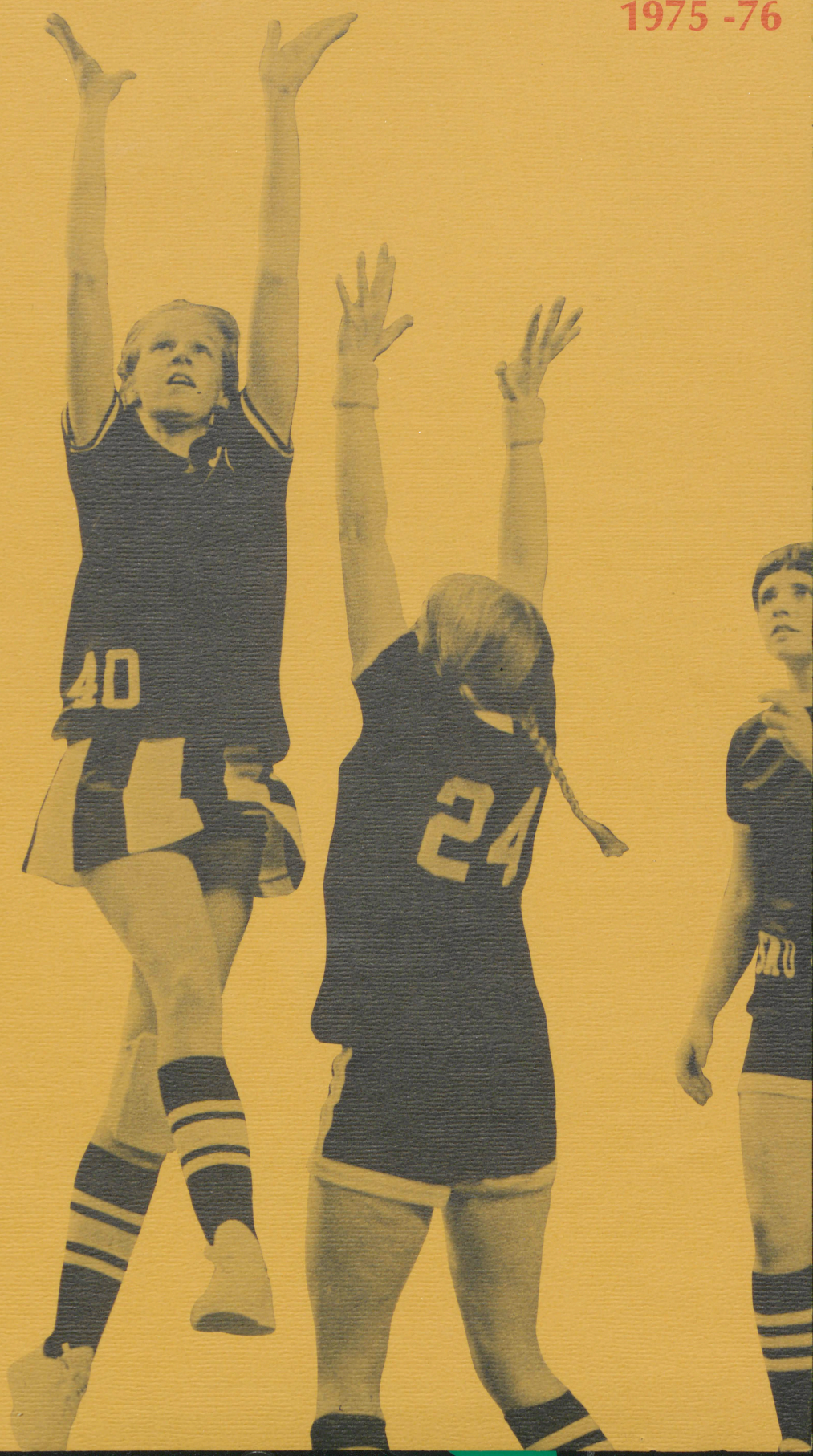


PROVIDENCE COLLEGE

Women's Athletics

1975 -76



MRS. HELEN BERT, Assistant Athletic Director

Mrs. Helen Bert enters her fifth year as head of Providence College's Women's Intercollegiate athletic program. Appointed this past year as Assistant Athletic Director, Mrs. Bert brings a tremendous amount of energy and enthusiasm along with an experienced educational and practical background to her position.

Mrs. Bert earned both her undergraduate and graduate degrees in Physical Education, Health and Hygiene from New York City's Hunter College. Prior to her arrival at Providence College she had served as both a coach and administrator in the New York area. She also boasts an Associate Degree in art from the Traphagen School of Design.

She had served as the head basketball coach for women's basketball at both Cardinal Spellman High School and at Thomas More (Fordham Univ.). Eventually she became the women's Athletic Director at Cardinal Spellman High School and Chair-Woman of the physical education department at Cardinal Spellman. And in addition, Mrs. Bert had served as Director of Girls Activities of the Forest Hills Community House in New York.

Since arriving in Providence, Mrs. Bert has been extremely active on the community level regarding women's athletics. She has served as the Secretary for the Rhode Island Association of Girls and Women's Sports and was elected Vice-President of the Rhode Island Association for Health, Physical Education and Recreation.

As Director of Recreation and Assistant Athletic Director at PC, Mrs. Bert has developed the college's women's intercollegiate program from the ground level. She has successfully broadened the athletic base for women on the intercollegiate, recreational and intramural levels while meeting the constantly changing needs of its woman students.

KATHRYN MacDONALD

Kathryn MacDonald begins her second year as a member of the women's athletic program. A native of Narragansett, R.I. Miss MacDonald is a graduate of Ohio University where she earned a B.S. in Health and Physical Education. She did her graduate school work at the University of North Carolina.

Her background as both a player and later as a coach at Warwick Veterans High School and Brown University has offered her experience with a wide range of sports. In addition to coaching both the women's basketball and softball teams at PC, Miss MacDonald's experience in lacrosse, badminton, hockey, folk dancing, tennis and field hockey helps considerably in offering the women students of Providence College a wide range of activities not only on the intercollegiate level but on the intramural and recreational levels as well.

A nationally ranked Badminton player during her high school days, Miss MacDonald has been very active in women's athletics on the community level. She is the co-founder of Rhode Island's Women's Lacrosse Association and has served as Umpiring Chairman for the Rhode Island Field Hockey Association.

LISA CONNOLLY

Miss Lisa Connolly a 1975 graduate of Providence College will serve as the women's tennis coach.

Recipient of the 1975 Providence College Woman Athlete of the Year Award, Miss Connolly earned letters in basketball as well as tennis while captaining both teams.

A product of the first PC graduating class to graduate women who had spent four years at PC, Miss Connolly exemplifies the spirit of enthusiasm and interest which has instigated the rapid development of the entire Women's Athletic Program.



WOMEN'S ATHLETIC PROGRAM

Providence College is primarily a four year college of the liberal arts and sciences with an undergraduate enrollment of men and women of approximately 3,100 students. The primary objective of the college is obviously the intellectual development of its students but the college also recognizes it's responsibility to afford it's students an opportunity for healthy physical development and a wide range of activities on various levels.

With this objective in mind, the women's athletic program at Providence College has been developed in order to offer a wide variety of activities on the intramural, recreational and intercollegiate levels. The program has expanded and will expand as well as adjust to meet the needs and varied desires of each and every female student. The expansion of the program will be in direct correlation to the increased enrollment as well as diversified interests of it's students.

The intercollegiate program offers a young woman an opportunity to compete at a very high level. It provides her with an opportunity to discover her potential and to measure that potential against the best that other college's have to offer.

For the first time in its history, Providence College is offering grants-in-aid to women in the hope of attracting more highly skilled women to consider furthering their education at PC and thus benefit and enrich our programs as well as their own lives. These grants will be partial ones, and offered in direct ratio as to abilities of the women athletes requesting them.

A number of items regarding the athletic grants-in-aid for the more highly skilled women athlete must be mentioned:

- (a) A young woman must have a genuine desire to attend PC.
- (b) She must be academically accepted by the college.
- (c) Any young woman desiring consideration for a grant-in-aid must file the PCS form (obtainable through your guidance office) for consideration.
- (d) All grant-in-aids are partial.

At this writing the following intercollegiate activities are offered:

TENNIS — matches in both the spring and fall. Eight newly surfaced courts on campus are available. Approximately twenty matches per year are played.

BASKETBALL — features a sixteen game schedule with the college's Alumni Hall facility, which seats 3400, being used for practice and a majority of the teams home games. One of the highlights of this program is the appearance of the team in the spacious 12,000 seat downtown Providence Civic Center.

ICE HOCKEY — slated to play eight games with all home contests and practice sessions held in the beautiful 3,000 seat on campus Schneider Arena ice skating facility.

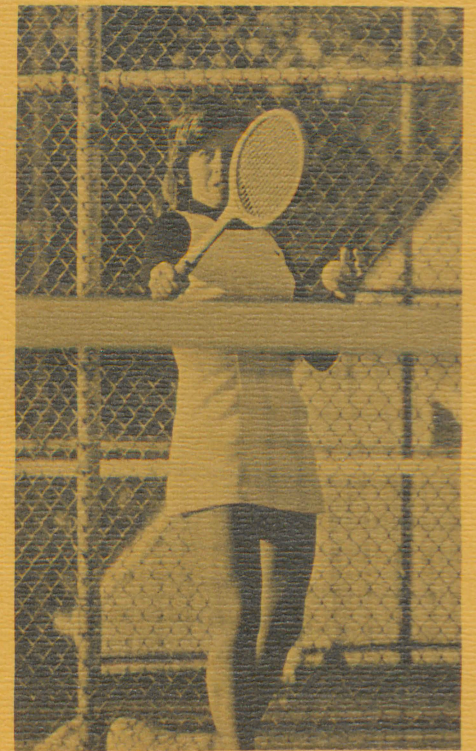
The 1975-76 season will be highlighted by the introduction of three new women intercollegiate sports. They are: softball, field hockey, golf.

In addition to the offerings on the intercollegiate level, the women's program offers a wide variety of activities on both the intramural and recreational levels. These sports and activities include the following: basketball, ice hockey, field hockey, football, tennis, co-ed volleyball, yoga, swimming, twirling, slimnastics, ice skating, cheerleading, dance.

Since the inception of its co-educational policy in 1971, Providence College under the leadership of Mrs. Helen Bert has enthusiastically attempted to meet the needs of its women students. The program has expanded each year and has changed to meet the needs of its students. This approach has been rewarded by the mass participation of vast majority of the women in the college and they have responded by creating a spirit of unity which distinctively marks the athletic program at Providence College.

Anyone desiring further information regarding Providence College should write to:

Director of Admission
Providence College
Providence, R.I. 02918



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Providence, Rhode Island 02918